

RISK ASSESSMENT FOR DANCE

Activity	Dance lessons	Location	Bembridge school
Pupils involved	Aged 3 to 18	Dates of Activity	Saturdays term time
Staff member	Chloe James	Position	Principal of dance school
Relevant qualifications	International Dance Teachers' Association: Fellowship Tap, Fellowship Freestyle, Dance Exercise Diploma. First Aid for Schools Certificate. PGCE.		

HAZARD	Who might be harmed and how?	Controls in place	Further Action if required. Action required.	By Whom?	When?
Slips and Trips.	Teacher Pupils	Drinking from water bottles at the side of the hall away from the dance space. Ensure all bags and clothing are at the side of the hall away from the dance space. Make sure the floor is clean and free of any foreign objects. Make sure pupils are wearing suitable clothing and footwear. Pupils to sit on chair if not dancing.	Monitor throughout activity. Adapt size/area of space used if required. Ask pupils to return belongings if accessed during the session.	Teacher	Monitor throughout
General injury.	Teacher Pupils	Ensure all pupils warm up and warm down. Monitor ability throughout.	Continually monitor activity. Stop specific movement if required.	Teacher	Monitor throughout

		Plan all movement activity in advance of session and consider ability of pupils and dance space available. Explain and model safe practice throughout.			
Injury due to space.	Teacher Pupils	Ensure spaces are of an appropriate size for number of dancers and activity undertaken.	Adapt movement if space available becomes unsuitable for number of pupils.	Teacher	Monitor throughout
Injury to self and others.	Teacher Pupils	Teacher to discuss expectations and respect of others. Set guidelines for any contact work.	Restrict or adapt movement where necessary.	Teacher	Monitor throughout
Use of props	Pupils	All props to be considered in advance. Pupils briefed on safe use by teacher.	Stop using if the prop restricts movement or poses injury.	Teacher	Monitor throughout
Dehydration/ Exhaustion	Pupils	Encourage all dancers to bring water. Monitor temperature of hall and adapt physical exertion level of movement accordingly. If hot, open windows and use fans if needed.		Teacher	Monitor throughout
Welfare of Participants	Pupils	Pupils to have access to toilets.			
Losing a pupil	Pupils	Register to be taken at the beginning of the class.			

		Pupils not to leave the hall without prior permission. Pupils to be dismissed one at a time to appropriate adult at the end of the session.			
Fire Evacuation	Teacher Pupils	Pupils to follow school policy on fire evacuation.			
Various Emergencies	Teacher Pupils	Emergency contact details and medical information of pupils held in office. Teacher to bring first aid kit to dance club.	First aid form to be completed if needed.	Teacher	Monitor throughout.

Date of Assessment	20/7/25	Completed by:	Chloe James
Signed	<i>Chloe James</i>	Position:	Dance Teacher